

# *Be Free*

## “Life Coaching” Pt. 2

### How Can I Become an Effective C3 Mentor to Others?

#### 1. By leading *through example*.

- **Gal. 4:12-14:** *“I plead with you, brothers and sisters, become like me, for I became like you. You did me no wrong. <sup>13</sup> As you know, it was because of an illness that I first preached the gospel to you, <sup>14</sup> and even though my illness was a trial to you, you did not treat me with contempt or scorn. Instead, you welcomed me as if I were an angel of God, as if I were Christ Jesus himself.”*

#### 2. By speaking *the truth in love*.

- **Gal. 4:15-16:** *“Where, then, is your blessing of me now? I can testify that, if you could have done so, you would have torn out your eyes and given them to me. <sup>16</sup> Have I now become your enemy by telling you the truth?”*

#### 3. By personal & *emotional involvement*.

- **Gal. 4:17-20:** *“Those people are zealous to win you over, but for no good. What they want is to alienate you from us, so that you may have zeal for them. <sup>18</sup> It is fine to be zealous, provided the purpose is good, and to be so always, not just when I am with you. <sup>19</sup> My dear children, for whom I am again in the pains of childbirth until Christ is formed in you, <sup>20</sup> how I wish I could be with you now and change my tone, because I am perplexed about you!”*

#### 4. By *biblical infusion*.

- **Gal. 4:21-31:** *“Tell me, you who want to be under the law, are you not aware of what the law says? <sup>22</sup> For it is written that Abraham had two sons, one by the slave woman and the other by the free woman. <sup>23</sup> His son by the slave woman was born according to the flesh, but his son by the free woman was born as the result of a divine promise. <sup>24</sup> These things are being taken figuratively: The women represent two covenants. One covenant is from Mount Sinai and bears children who are to be slaves: This is Hagar. <sup>25</sup> Now Hagar stands for Mount Sinai in Arabia and corresponds to the present city of Jerusalem, because she is in slavery with her children. <sup>26</sup> But the Jerusalem that is above is free, and she is our mother. <sup>27</sup> For it is written: ‘Be glad, barren woman, you who never bore a child; shout for joy and cry aloud, you who were never in labor; because more are the children of the desolate woman than of her who has a husband.’ <sup>28</sup> Now you, brothers and sisters, like Isaac, are children of promise. <sup>29</sup> At that time the son born according to the flesh persecuted the son born by the power of the Spirit. It is the same now. <sup>30</sup> But what does Scripture say? ‘Get rid of the slave woman and her son, for the slave woman’s son will never share in the inheritance with the free woman’s son.’ <sup>31</sup> Therefore, brothers and sisters, we are not children of the slave woman, but of the free woman.”*