

Refresh

“Defusing Bombs”

How Can I Stop Relational Conflicts Before They Occur?

1. By replacing my *me-istic desires* with theistic ones.

- **James 4:1-3:** *“What causes fights and quarrels among you? Don't they come from your desires that battle within you? ²You want something but don't get it. You kill and covet, but you cannot have what you want. You quarrel and fight. You do not have, because you do not ask God. ³When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.”*

2. By remodeling my *Holy hatred* into holy humility.

- **James 4:4-10:** *“You adulterous people, don't you know that friendship with the world is hatred toward God? Anyone who chooses to be a friend of the world becomes an enemy of God. ⁵Or do you think Scripture says without reason that the spirit he caused to live in us envies intensely? ⁶But he gives us more grace. That is why Scripture says: ‘God opposes the proud but gives grace to the humble.’ ⁷Submit yourselves, then, to God. Resist the devil, and he will flee from you. ⁸Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. ⁹Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. ¹⁰Humble yourselves before the Lord, and he will lift you up.”*

3. By refusing my *tendency to play God* with people.

- **James 4:11-12:** *“Brothers, do not slander one another. Anyone who speaks against his brother or judges him speaks against the law and judges it. When you judge the law, you are not keeping it, but sitting in judgment on it. ¹²There is only one Lawgiver and Judge, the one who is able to save and destroy. But you—who are you to judge your neighbor?”*