

Refresh

“Get Smart”

Prov. 4:7: *“Wisdom is supreme; therefore get wisdom. Though it cost all you have, get understanding.”*

Prov. 9:10: *“The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding.”*

How Can I Be Refreshed & Refreshing Through Walking Wise?

1. By being a relaxing, gentle breeze through humility.

- **James 3:13:** *“Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom.”*

2. By being a satisfying, sweet taste through unselfishness.

- **James 3:14-16:** *“But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. ¹⁵Such ‘wisdom’ does not come down from heaven but is earthly, unspiritual, of the devil. ¹⁶For where you have envy and selfish ambition, there you find disorder and every evil practice.”*

3. By being a stimulating, supernatural encounter through graciousness.

- **James 3:17-18:** *“But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. ¹⁸Peacemakers who sow in peace raise a harvest of righteousness.”*